

LEARN THROUGH HOME RESPONSIBILITIES

“Parents’ work is child’s play”

HOME RESPONSIBILITIES FOR A 2 YEAR OLD

1. Pick up toys and put in the proper place.
2. Put books and magazines in a rack or on shelves.
3. Sweep the floor.
4. Place napkins, plates, and silverware on the table. It may not be placed correctly at this stage.
5. Clean up after eating.
6. Learn to make simple decisions, such as a choice of two foods for breakfast.
7. Toilet training.
8. Simple hygiene – brush teeth, wash and dry hands and brush hair.
9. Undress self – dress with some help.
10. Carry boxed or canned goods from the grocery sacks to the proper shelf. Put some things away on a lower shelf.
11. Clear own place at the table. Put the dishes on the counter after cleaning the leftovers off the plate.

HOME RESPONSIBILITIES FOR A 4 YEAR OLD

1. Set the table.
2. Help with grocery shopping and compile a grocery list.
3. Put the groceries away.
4. Polish shoes and clean up afterwards.
5. Follow a schedule for feeding pets.
6. Help do yard and garden work.
7. Help make the beds and vacuum.
8. Help do the dishes or fill the dishwasher.
9. Help the child learn responsibilities by making a goal chart. Then if the work is done all week, the parents and child get to (example) go out to lunch together, go to a movie.
10. Dust the furniture.
11. Spread butter on sandwiches.
12. Prepare cold cereal.
13. Help mother prepare plates of food for the family dinner.
14. Make a simple dessert (add topping to cupcakes, jello, pour the toppings on ice cream).
15. Hold the hand mixer to whip potatoes or mix up a cake.
16. Share toys with friends (practice courtesy).
17. Get the mail.
18. Should be able to play without constant adult supervision and attention.
19. Hang socks, handkerchiefs and washed clothes on a lower line.
20. Polish silver.
21. Wipe car.
22. Sharpen pencils.

HOME RESPONSIBILITIES FOR A 5 YEAR OLD

1. Help with the meal planning and grocery shopping.
2. Make own sandwich or simple breakfast, and then clean up.
3. Pour own drink.
4. Prepare the dinner table.
5. Tear up lettuce for the salad.

6. Put in certain ingredients in a recipe.
7. Make bed and clean room.
8. Dress on own and choose outfit for the day.
9. Scrub the sink and bathtub.
10. Clean mirrors and windows.
11. Separate clothing for washing. Put white clothes in one separate pile and colored in another.
12. Fold clean clothes and put them away.
13. Answer the telephone and begin to dial the phone for use.
14. Yard work.
15. Pay for small purchases.
16. Help clean out the car.
17. Decide how he wants to spend his share of the family entertainment fund.
18. Take out the garbage.
19. Feed his pets and clean the living area.
20. Learn to tie shoes.

HOME RESPONSIBILITIES FOR A 7 YEAR OLD

1. Oil and care for bike and lock it when unused.
2. Run errands for parents.
3. Sweep and wash patio area.
4. Water the lawn.
5. Care properly for bike and other outside toys or equipment.
6. Wash dog or cat.
7. Train pets.
8. Carry in the grocery sacks.
9. Get self up in the morning and to bed at night on own.
10. Learn to be polite, courteous and to share; respect others.
11. Develop responsibilities like carrying own lunch money and notes back to school.
12. Leave the bathroom in order: hang up clean towels.
13. Wash down walls and scrub floors.

HOME RESPONSIBILITIES FOR A 8-9 YEAR OLD

1. Fold napkins properly and set utensils correctly.
2. Mop or buff the floor.
3. Clean venetian blinds.
4. Help rearrange furniture. Help plan the layout.
5. Run own bath water.
6. Help others with their work when asked.
7. Straighten own closet and drawers.
8. Shop for and select own clothing and shoes with parents.
9. Change school clothes without being told.
10. Fold blankets.
11. Sew on buttons.
12. Sew rips in seams.
13. Clean storage room.
14. Begin to read recipes and cook for the family.
15. Cut flowers and make a centerpiece.
16. Pick fruit off trees.
17. Build a campfire, get items ready to cook out, (charcoal, hamburgers)
18. Paint a fence or shelves.
19. Write thank you notes.

20. Help write simple letters.
21. Help with defrosting and cleaning of the refrigerator.
22. Feed the baby.
23. Bathe younger sister or brother.
24. Polish silverware, copper or brass item.
25. Clean patio furniture.

HOME RESPONSIBILITIES FOR A 9-10 YEAR OLD

1. Change sheets on the bed and put dirty sheets in the hamper.
2. Operate the washer and/or dryer.
3. Measure detergent and bleach.
4. Buy groceries using a list and comparative shopping.
5. Cross streets unassisted.
6. Keep own appointments (dentist, school, etc and making them within bike distance).
7. Prepare pastries from box mixes.
8. Prepare family meal.
9. Receive and answer own mail.
10. Pour and make tea, coffee and juices.
11. Wait on guests.
12. Plan own birthday or other parties.
13. Simple first aid use.
14. Do neighborhood chores.
15. Sew, knit or weave (even using a sewing machine).
16. Do chores without a reminder.
17. Learn banking and to be thrifty and trustworthy.
18. Wash the family car.

HOME RESPONSIBILITIES FOR A 10-11 YEAR OLD

1. Earn own money.
2. Handle sums of money, (honesty).
3. Take the city buses.
4. Practice proper conduct when staying overnight with a friend. Pack own suitcase.
5. Be responsible for personal hobby.
6. Handle self properly when in public places alone or with peers (movies).

HOME RESPONSIBILITIES FOR AN 11-12 YEAR OLD

1. Join outside organizations, and do assignments. Able to take responsibility as a leader.
2. Put siblings to bed and to dress them.
3. Clean pool and pool areas.
4. Respect others' property.
5. Run own errands.
6. Mow lawn.
7. Help father build things and do the family errands.
8. Clean oven and stove.
9. Able to schedule ample time for studies.
10. Buy own sweets or treats.
11. Responsible for a paper route.
12. Check and add oil to car.

HOME RESPONSIBILITIES FOR JUNIOR HIGH STUDENTS

1. Determine how late he should stay up during the week and how late he should be out for evening gatherings (through mutual parent-child discussion and agreement).
2. Accept complete responsibility for preparing some family meals.
3. Practice social awareness: good health – exercise – necessary rests – correct weight – nutritious food - physical examination.
4. Anticipate the needs of others and initiate the appropriate action.
5. Accept realistic capabilities and limitations.
6. Nurture self-respect or individual worth.
7. Be responsible for one's decisions.
8. Demonstrate mutual respect, loyalty and honesty in the family.